

FREE

Interactive Event in Honor of National Men's Health Month

Saturday, June 18

Kicks off with the Eaton County United Way
Colors United 5K at 8:30 a.m. at
the Floyd M. Jewell Memorial



Golf, Grilling & Guys' Health Family Event

9 a.m. ~ 1 p.m.



Free, family-friendly activities include:

9 a.m. to 1 p.m.

- Playmakers Satellite Store
- Children's play and recreational activities
- Kid's station by Lettuce Live Well
- Interactive emergency vehicle display
- Health screenings by Western Michigan University exercise science students
- Door prizes by Costco

10 a.m. to 1 p.m.

- Chipping contest sponsored by Maple Brook Golf Club
- Putting contest sponsored by Kositchek's Menswear
- Beer tasting by Charlotte Brewing Company
- Summer cookout, including Mooville ice cream
- CrossFit Fade competition

11 a.m.

- Dodge ball competition (all ages)
- Ask-a-Health-Professional station
- Good Form Walking by Playmakers



Find more information
at myalive.com or
call **517.541.5800**.

800 W. Lawrence Ave.
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