

## HIGH SCHOOL PRICE LIST 2008-2009

### BREAKFAST

STUDENT	1.20
ADULT	1.55

### BREAKFAST ALA CARTE ITEMS

HOT ENTRÉE	0.90	GRANOLA BAR	0.65
BAGEL W/CREAM CHEESE	0.75	MILK OR JUICE	0.40
CEREAL	0.50	MUFFIN	0.50
CEREAL BAR	0.65	NUTRIGRAIN BAR	0.65
DANISH (sm)	0.70	POP TARTS	0.85
DANISH (lg)	1.00	STRING CHEESE	0.40
FRESH FRUIT	0.40	4 oz YOGURT	0.60
		6 oz YOGURT	0.85

### LUNCH

STUDENT LUNCH	2.25		
ADULT	2.75	ADULT ENTRÉE	1.85
SPECIALTY BAR	2.65		
COMBO MEALS	2.65		

### COMBO MEALS \$2.65

1. SUB, CHIPS, SALAD, FRUIT OR JUICE, & MILK
2. PIZZA, CHIPS SALAD, FRUIT OR JUICE, & MILK
3. NACHOS, SALAD, FRUIT OR JUICE, & MILK
4. HOT SANDWICH, CHIPS, SALAD, FRUIT OR JUICE, & MILK
5. BREAD STICKS, CHIPS, SALAD, FRUIT OR JUICE, & MILK
6. CHEF SALAD, MUFFIN, FRUIT OR JUICE, & MILK

Single-serving-size snacks (except for nuts, seeds, and cheese) should have no more than 6 grams of fat and meet at least two of the following three criteria:

- 1) Contain 300 or fewer calories,
- 2) One or more grams of fiber, or
- 3) At least 10% of Calcium, Iron, Vitamin A or Vitamin C

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## **ALA CARTE ITEMS**

BREAD STICKS	1.85
CEREAL BAR	0.65
CHEF SALAD	1.85
CHIPS	0.75
COMBOS	0.75
COOKIE (LG)	0.50
CRACKERS W/CHEESE	0.65
CRACKERS W/PEANUT BUTTER	0.65
DOLE JUICES	1.00
ENTRÉE W/O LUNCH	1.85
ENTRÉE W/LUNCH	1.00
FRENCH FRIES	0.85
FRUIT	0.40
FRUIT SNACKS (lg)	0.75
FRUIT SNACKS (sm)	0.40
GATORADE (12oz)	1.00
GRANOLA BAR	0.65
MASHED POTATOES	0.65
MILK OR JUICE	0.40
NACHOS	1.85
NUTRIGRAN BAR	0.65
NUTTER BUTTER	0.75
OREO 100 CALORIE	0.75
PEANUT BUTTER AND JELLY	0.95
PIZZA	2.10
POPTARTS	0.85
PROPEL	1.25
RICE KRISPIE TREAT	0.75
RITZ BITZ	0.75
ROLL AND BUTTER	0.40
SANDWICH (HOT)	1.85
SIDE SALAD	0.65
STRING CHEESE	0.40
SUB	1.85
TWIX	0.40
VEGETABLES	0.40
WATER	1.25
YOGURT (6oz)	0.85

