

HIGH SCHOOL PRICE LIST 2011 - 2012

BREAKFAST

| | |
|---------|------|
| STUDENT | 1.30 |
| ADULT | 1.75 |

BREAKFAST ALA CARTE ITEMS

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|----------------------|------|----------------------|------|
| HOT ENTRÉE | 1.10 | GRANOLA BAR | 0.65 |
| BAGEL W/CREAM CHEESE | 0.75 | MILK OR JUICE | 0.45 |
| CEREAL | 0.50 | MUFFIN | 0.50 |
| CEREAL BAR | 0.65 | NUTRIGRAIN BAR | 0.65 |
| DANISH (sm) | 0.90 | POP TARTS | 0.90 |
| DANISH (lg) | 1.10 | STRING CHEESE | 0.45 |
| FRESH FRUIT | 0.45 | 4 oz YOGURT (Trix) | 0.60 |
| | | 6 oz YOGURT (Dannon) | 0.95 |

LUNCH

| | | | |
|------------------------------|------|--------------|------|
| STUDENT LUNCH | 2.45 | | |
| ADULT | 3.15 | ADULT ENTRÉE | 2.25 |
| SPECIALTY BAR | 2.95 | | |
| COMBO MEALS (includes chips) | 2.95 | | |

COMBO MEALS \$2.95

1. SUB, CHIPS, SALAD, FRUIT OR JUICE, & MILK
2. PIZZA, CHIPS SALAD, FRUIT OR JUICE, & MILK
3. HOT SANDWICH, CHIPS, SALAD, FRUIT OR JUICE, & MILK
4. BREAD STICKS, CHIPS, SALAD, FRUIT OR JUICE, & MILK

Single-serving-size snacks (except for nuts, seeds, and cheese) should have no more than 6 grams of fat and meet at least two of the following three criteria:

- 1) Contain 300 or fewer calories,
- 2) One or more grams of fiber, or
- 3) At least 10% of Calcium, Iron, Vitamin A or Vitamin C

ALA CARTE ITEMS

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|---------------------------------|------|
| BREAD STICKS | 2.00 |
| CEREAL BAR | 0.65 |
| CHEF SALAD | 2.00 |
| CHIPS | 0.85 |
| CLODHOPPERS | 0.50 |
| COMBOS | 0.75 |
| COOKIE (LG) | 0.50 |
| CRACKERS W/CHEESE | 0.65 |
| CRACKERS W/PEANUT BUTTER | 0.65 |
| DOLE JUICES | 1.25 |
| ENTRÉE W/O LUNCH | 2.00 |
| ENTRÉE W/LUNCH | 1.00 |
| FRENCH FRIES | 0.85 |
| FRUIT | 0.45 |
| FRUIT 66 DRINK | 1.25 |
| FRUIT SNACKS (lg) | 0.75 |
| FRUIT SNACKS (sm) | 0.50 |
| GATORADE (12oz) | 1.25 |
| GRANOLA BAR | 0.65 |
| MASHED POTATOES | 0.65 |
| MILK OR JUICE | 0.45 |
| NACHOS | 2.00 |
| NUTRIGRAN BAR | 0.65 |
| NUTTER BUTTER | 0.75 |
| OREO 100 CALORIE | 0.75 |
| PEANUT BUTTER AND JELLY (4.8oz) | 1.00 |
| PIZZA | 2.00 |
| POPARTS | 0.90 |
| RICE KRISPIE TREAT | 0.75 |
| RITZ BITZ | 0.75 |
| ROLL AND BUTTER | 0.45 |
| SANDWICH (HOT) | 2.00 |
| SIDE SALAD | 0.65 |
| STRING CHEESE | 0.45 |
| SUB | 2.00 |
| TWIX | 0.45 |
| VEGETABLES | 0.45 |
| WATER (20oz) | 1.25 |
| YOGURT (6oz) DANNON | 0.95 |
| YOGURT (4oz) TRIX | 0.60 |

