



Health Care Services Plan



Infectious Control Procedures

Health Standard:

The health of staff and children in care shall be maintained through the application of appropriate health and hygiene practices.

If there is an exposure incident involving contact with blood or other potentially infectious materials, Charlotte Public Schools Child Care staff will:

- Clean the area of contact
- Document the incident using an Incident Report Form
- Notify the supervisor
- Seek medical attention if necessary

Staff are to wear provided equipment to protect themselves and others from the spread of infectious disease. When treating physical injuries or dealing with bodily fluids, staff are to wear disposable latex gloves, and wash hands immediately after removing.

When disposing of infected materials, staff are to place soiled material, along with infected gloves in a plastic garbage bag and take immediately to the dumpster.

Staff must follow procedures outlines in First Aid/CPR training as well as Bloodborne Pathogens training provided to them by the American Red Cross.



Sanitation Procedures

Food Storage:

- All food brought in from home must be labeled with child's name and date. Refrigerated food is to be taken home daily.
- Bottles must come in prepared and labeled with child's name and date. Unused bottles must be taken home daily.
- All opened milk and refrigerated foods must be labeled with the date and time opened, and discarded after 5 days of opening.

Bedding:

- Infant room changes crib sheets weekly. Each infant is assigned their own crib.
- Toddler room and preschool room sends blankets home weekly for parents to wash.
- Cots and cribs are sprayed down with bleach water solution daily after use.

Toys:

- Infant and Toddler room "mouthed toys" are removed from the play areas after use and soaked in bleach water before returning them to play areas.
- All toys are sprayed with bleach water solution at the end of the day as part of room closing procedures.
- Toys are sorted and discarded when broken or "too soiled" from use over time.

Equipment:

- Indoor equipment is sanitized on a daily basis with bleach water solution as part of room closing procedures.
- Outdoor equipment is checked daily for safety by classroom staff.
- Outdoor equipment is fully checked monthly as part of an overall health and safety checklist.



Diapering Procedures

1. Organize needed supplies within reach.
 - Wash your hands and gather what you need.
2. Avoid contact with soiled items.
 - Put on gloves.
 - Never leave the child unattended.
3. Remove the soiled diaper.
 - Remove soiled diaper and soiled clothes
 - Fold the soiled surface inward
 - Put disposable diapers in a covered, plastic-lined trash can.
4. Clean the child's diaper area.
 - Use disposable wipes to clean and dry the child's bottom.
 - Remove gloves and dispose of them into a covered, plastic-lined trash can.
5. Put on a clean diaper and dress the child.
 - Use a facial or toilet tissue to apply any necessary creams or ointments.
 - Note and plan to report any skin problems, such as redness.
 - Slide a fresh diaper under the child, then adjust and fasten it.
6. Wash the child's hands and return the child to a supervised area.
7. Clean and sanitize the diaper-changing surface.
 - Clean and disinfect the diapering area, all equipment or supplies that were touched.
8. Wash your own hands thoroughly.



Diapering Procedures Continued

Infant and Toddler:

- 2 changing tables are located in the classroom
- The center provides diapers and wipes for Infants and wipes only for Toddlers. If a child has an allergy to the brand we purchase, they are responsible for bringing in the preferred brand.
- Clean packs of diapers are stored under the changing tables
- Small quantities of diapers are stacked by the changing table for daily use.
- Sanitation procedures are posted by the changing tables
- Disposal of soiled diapers: they are put in the trash can which is then changed and sanitized by the room closer
- If the trash container is full at a “mid day point,” it is emptied and a new liner is brought to the classroom.
- Individual children’s diapers are labeled and only used for that child.
- Hand washing procedures are posted at all sinks.

Preschool:

- Parents provide diapers/pull ups and the center provides wipes. If a child has an allergy to the brand we purchase, they are responsible for bringing in the preferred brand.
- Clean packs of diapers are stored in the bathroom cupboard.
- Disposal of soiled diapers: They are put in the trash which is then changed and sanitized nightly by the room closer.
- If the trash container is full at a “mid day point,” it is emptied and a new liner is put in.
- Individual children’s diapers are labeled and only used for that child.
- Handwashing procedures are posted by all sinks.
- Toilet training is done on the bathroom toilet with a “training collar” placed on the toilet seat.



Bottles and Jar Food Infant/Toddler Room Only

- Parents provide the formula and bottles, pre-mixed and ready to be heated.
- Bottles are brought to the center each day and any leftover bottles are sent home daily.
- Bottles are labeled with the child's name.
- Bottles are heated in the crock-pot of hot water.
- Partial bottles are discarded after 60 minutes.
- Jarred food is also provided by the parents.
- Food is poured from the jar into a bowl and not directly "spooned" from the jar for feeding.
- All partial jars are discarded at the end of the day or sent home.

Resources:

The American Red Cross
Barry-Eaton Health Department