

SPORTS CAMPS

- June 8-10 Boys Basketball 4th-8th
- June 8-10 Boys Basketball 9th-12th
- June 8-11 Girls Basketball 2nd-12th
- June 15-18 Volleyball 5th-8th
- June 15-18 Volleyball 9th-12th
- June 16 Cheer Camp K-8th
- June 17 Cheer Camp 9th-12th
- June 17-19 Boys Basketball-Camp 9th-12th
- June 22-24 Football Camp 9th-12th
- July 13-16 Soccer 6th-12th
- July 20-23 Soccer 6th-12th
- July 24 Cross Country 7th-12th
- July 28-30 Cross Country 9th-12th
- July 27-28 Football Camp 4th-8th
- July 27-30 Football Camp 9th-12th
- August 15 Stunt Camp 9th-12th

For more information call: 541-5160

CHARLOTTE HIGH SCHOOL
Athletic Department
378 State St.
Charlotte, MI 48813

CHS Summer Camps

Strength & Conditioning Program

9th—12th ONLY (grade in Fall 2008)
For Athletes who are participating in sports at CHS and would like to improve their strength and condition. Only serious athletes should attend, but open to boys and girls in any sport.

June 8—July 30
Mon, Wed and Fri mornings

8:00—9:30 - JV & Var Players
9:00—10:30 - Incoming 8th & 9th grade
No Cost

Football: ALL Players must be there on time and stay till the end. Players who DO NOT make the minimum number of workouts (18-21), MUST participate in "Dawn Patrol" at 7 am before ALL Pre-season Practices. This is a safety & conditioning issue!



Football Camp

1 — June 22-24 9th -12th grade
 #2— July 27-28 3rd - 8th grade
 #3— July 27—30 9th—12th grade

Football Practice Field

Contact the Athletic Office for more information on camp #1 & 3

Youth Football Skills Camp—Grades 3rd—8th (grades as of Fall of 2009)

July 27 & 28th
 4:00 pm—6:30 pm
 Cost: \$ 55.00

Directed by CHS Varsity Coaching Staff and Players

- ◆ Basic Fundamentals and Techniques for all players
- ◆ Passing, receiving & kicking skills emphasized daily
- ◆ Footwork and drills for Offensive line play
- ◆ Daily Contests, Competitions & Certificates
- ◆ “Air Force” Football & LOTS of FUN!!!!

What to bring: all athletes are encouraged to wear shorts or sweats and need to bring football cleats and tennis shoes in case of rain.

For Registration: Plan to arrive at 3:30 pm on July 27th to pay for registration before camp begins. Camp is located on Football Practice Fields behind High School

More Info: contact Joe Goodrich at
 543-6470

Youth Football Sign-Up

When: Monday, June 8th and Tuesday, June 9th

Time: 5:30 pm—7:00 pm

Where: Mac Gobel Field

Cost: \$150.00

Registration Form

Name: _____

Address: _____

City: _____ St. _____ Zip: _____

Telephone: _____

Grade in September of 2009 _____ Age: _____

T-shirt size (adult sizes except cheerleading—see page 4) :

___ S ___ M ___ L ___ XL ___ XXL

Parent signature granting permission to participate in CHS Sports Camp and in signing this form Parent or guardian voluntarily releases and hold harmless Charlotte Public Schools from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching/traveling to or from this activity.

 Parent or Guardian Signature Date _____

Emergency Phone Number: _____

June 8-10	Boys Basketball	4th-8th grade _____ @30.00 = _____
• June 8-10	Boys Basketball	9th-12th grade _____ @30.00 = _____
• June 8-11	Girls Basketball	2nd-12th grade _____ @40.00= _____
• June 15-18	Volleyball	5th -8th grade _____ @50.00= _____
• June 15-18	Volleyball	9th-12th grade _____ @60.00 = _____
• June 16	Cheer Camp	K—8th grade _____ @55.00= _____
• June 17	Cheer Camp	9th-12th grade _____ @55.00 = _____
• June 17-19	B. Basketball Camp	9th-12th grade _____ @200.00= _____
• June 22-24	Football Camp	9th—12th grade _____ @55.00= _____
• July 13-16	Soccer Camp	6th -12th grade _____ @50.00 = _____
• July 20-23	Soccer Camp	6th-12th grade _____ @50.00 = _____
• July 24	Cross Country	7th-12th grade _____ @40.00= _____
• July 27-28	Football Camp	3rd-8th grade _____ @30.00 = _____
• July 27-30	Football Camp	9th-12th grade _____ @55.00= _____
• July 28-30	Cross Country	10th-12th grade _____ @100.00= _____
• August 15	Stunt Camp	9th-12th grade _____ @58.00= _____

Total = _____

Mail to: Athletic Department, Charlotte High School
 378 State St., Charlotte, MI 48813

Cross Country

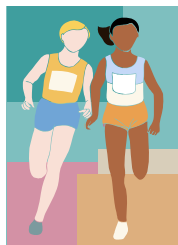
Good Form Running Camp

(Track & Cross Country)

July 24th

Grades 7th–12th 10:00–2:30 pm

(grade as of Fall 2009)



Located at Charlotte High School Track

Includes t-shirt, water bottle and lunch

Cost \$40.00

Two or more experienced coaches from

Playmakers will provide individualized film review.

Cross Country Team Camp

Grades: 10-12

Dates: July 28-30

Location: Ludington, Michigan

Cost: \$100.00

Includes: 2 night lodging, food
& t-shirt

Any questions: please call Coach Gowell 543-0953

Volleyball Camp

June 15–18

Middle School Gym

Beginning Skills Camp

Grades 5–8 9:00–11:00 am

Cost—\$50

This camp is for sixth through eighth grade girls in the fall of 2009. We will cover: passing, setting, serving, spiking and also provide these young athletes with fundamental instruction in body position, movements, skills and volleyball's specific strategies.

Advance Skills Camp

Grades 9- 12 1:00 –4:00 pm

Cost—\$60

This camp is for all ninth through twelfth grade students for the fall of 2009. This camp is designed for high school players to improve their skills and strategies for volleyball.

Please indicate T-shirt size when registering.

Cheerleading Camps

CHEER CAMPS:Charlotte Middle School

(Activity Room)

Grades as of Fall 2009

June 16th K—8th grade 9:00—4:00 pm

Cost: \$55.00

Register by 6/8/09 to receive T-shirt

(includes T-Shirt, bring sack lunch)

June 17th 9th-12th grade 9:00—4:00 pm

Cost: \$55.00

Register by 6/15/09 to receive T-shirt

(includes T-Shirt, bring sack lunch)

STUNT CAMP:

August 15, 9-12th grade

All Day

Grand Rapids Christian HS

Cost: \$58

Must register by 6/5/09



T-shirts available in Youth and Adult sizes.

Youth: S ___ M ___ L ___

Adult: S ___ M ___ L ___

Registration Accepted in advance or the first day of clinic.

Boys Basketball

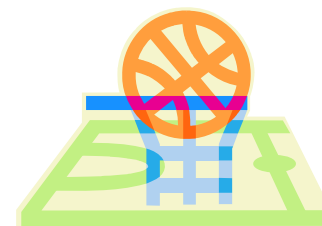
June 8-10

4th—8th 8:00 am—11:00

9th—12th 11:30- 2:30 PM

Charlotte High School Gym

Cost \$30.00



Camp is run by Varsity Basketball coach, Ryan Nevins. The staff will consist of Charlotte High School and Junior High Coaches.

Emphasis for the camp will be placed on individual instruction to each camper. Every participant will leave with numerous drills they may work on to improve their basketball skills.

Opportunities for Summer Golf

TWIN BROOK GOLF COURSE YOUTH GOLF PROGRAM

“Best Deal Around!”

Every Friday during the summer 8:30 am—11:30 am

Beginning June 12th

Ages: 6 –17 (ages 6- 10 years must have adult supervision)

\$10 per week includes:

Putting lesson 1 bucket of balls

Driving Range Lesson 9 Holes of Golf

Registration : Just show up any Friday, or every Friday, it's up to you! Twin Brook Golf Course on Island Hwy

Any Questions—call 543-0570.

CHARLOTTE COUNTRY CLUB

(you do not need to be a member)

Private lessons with PGA Professional, Ron English

Ages 8 through high school

\$20 per half hour

April—October Call for appointment 543-4018

“Excellent instruction from a great teacher of the game!”



Girls Basketball Camp

June 8-11

Charlotte Middle School

Grades 2—8	8:00—10:30 am
Grades 9—12	12:00—3:00 pm

The camp will be run by Varsity Head Coach Kevin Robinson. The staff will consist of Charlotte High School and Junior High coaches and current varsity players.

Each camper will get the chance to compete in games and competitions.

The emphasis of the camp will be on fundamentals of basketball:

- Shooting
- Dribbling
- Passing
- Rebounding
- Defense
- Team Concepts

Cost: \$40.00

Each camper will receive a T-shirt, basketball and a camp certificate. Please designate shirt size when registering.

Contact Coach Robinson for more information:

(W) 541-5646

(H) 541-1418

Girls / Boys Soccer Camp

July 13-16, 20-23

Grades 6th–12th



Rotary Soccer Park on Kalamo Hwy

5:30–8 pm

Cost: \$50 per week or \$100 for 2 weeks

Skills Covered: Focus will be on ball handling

- ◆ Control on the ground
 - ◆ Control in the air
 - ◆ Communication
 - ◆ Team Work
 - ◆ Defense
- ◆ Defense in the attack
- ◆ Foot skill with both Feet
 - ◆ 1-Touch Passing
 - ◆ 2-Touch Passing
 - ◆ Possession
- ◆ Attacking the gaps in a Defense
 - ◆ Speed & Agility
- ◆ Negative vs. Positive Passes
- ◆ Goalie as a Defender to pass to
 - ◆ Fakes dribbling

Bring: A soccer ball, cleats, shin-guards, and water bottle required.

Registration may be made at the camp; however, preregistration is appreciated.

Varsity & JV Players are expected to attend.

Contact: Coach Ryan Sisco at (Cell) 517-331-2234

T-shirt included

WRESTLING

7th–12th grades only

June 15 , 18, 25 & 29

Wrestling Room

9:45-11:00 AM

July 9, 13, 16, 20, 23, & 30

Wrestling Room

9:45-11:00 AM

